

Urosheath



**INFECTION CONTROL PROCEDURES APPLY
ALWAYS WEAR SUITABLE PROTECTIVE EQUIPMENT – APRON AND GLOVES**

Emptying the leg bag:

Use a dedicated jug / container– to empty the leg bag and have a tissue ready to mop up drops of urine. Hold the jug below the valve of the catheter bag and aim the spout of the catheter bag valve into the jug. Once the bag is emptied – use a tissue to wipe the bottom of the valve and ensure the valve is securely closed.



Ensure that the tubing of the catheter bag is not restricted or kinked & that the leg bag is below the bladder to allow it to drain. Ensure the bag is comfortably positioned on the leg and ensure it is secure, using the leg straps or the leg bag sleeve.

If required, note the volume of the urine & dispose of the urine into the toilet & rinse the jug & dry. Document the volume of urine – if required.

Urosheath Leg Bag:

Change the leg bag every 5-7 days or when you feel the bag needs changed.

Write the date the leg bag is changed on the back of the bag & document in the journal.
Dispose of the used catheter bag into a bag & place in the outdoor bin.

Removal of Urosheath:

The urosheath can be easier to remove in the shower, as the warm water and shower gel or soap helps to release the adhesive. If washing with a basin - use warm water and a clean cloth to wash the tip of the penis & then wash down the penis working towards the groin

Application of Urosheath:

- A Urosheath must be changed every **at least every 24 hours**.
- Explain the procedure to the service user and confirm they want you to proceed
- Ask the service user to tell you to stop should the procedure become uncomfortable and continue after a minute of rest
- Wash and dry your hands thoroughly before putting on your disposable gloves and apron
- Prepare area and gather equipment needed for procedure
- It may be necessary to trim any pubic hair at the base of the penis if the hair is likely to prevent the Urosheath from adhering securely.
- Ensure they are in a comfortable lying or sitting position
- If the service user has a foreskin, do NOT roll this back, it needs to stay in place over the head of the penis.
- Rinse and dry thoroughly
- Ask the service user to return the foreskin to its normal position if they can
- To put the sheath on - with your left hand (right hand if you are left-handed) hold the penis gently, yet firmly, and with your right hand (left hand) hold the rolled sheath at the tip of the penis gradually rolling it down toward the base of the penis
- Leave a 1-2cm gap between the tip of the penis and the narrow outlet tube at the top of the Urosheath – to allow the free flow of urine and avoid irritation of the tip of the penis by the Urosheath.
- Follow the sheath manufactures instructions & ensure the adhesive has formed a secure seal to the penis, to prevent leaks.
- Attach the leg bag tubing to the end of the Urosheath.

- Secure the leg bag to the thigh - using the leg tapes or the leg bag sleeve.
- Ensure the service user is comfortable when you have completed the procedure
- Clean and tidy away all equipment appropriately

Applying and Removing the Night Bag:

Morning	Evening/Night
<ul style="list-style-type: none"> • Close the valve at the bottom of the leg bag, to stop the flow of urine down into the night bag. • Then remove tubing of the night bag from the bottom of the leg bag. • Dispose of the urine down the toilet & place the night bag into a disposal bag & place in my outdoor bin. • Ensure that the tubing of my catheter is not restricted or kinked – as this will prevent the urine from draining into the collection bag. 	<ul style="list-style-type: none"> • Empty my leg bag using a dedicated jug or urine bottle, but leave approximately 10mls of urine in the leg bag. • Attach my night bag to the valve at the bottom of my leg bag. • Open the valve at the bottom of the leg bag and ensure the urine can drain into the night bag overnight. • If the night bag has a drainage valve at the bottom – ensure this is closed.