

Helping someone to the toilet



Infection control procedures apply
Always wear suitable protective equipment – apron and gloves

- Wash and dry your hands thoroughly before putting on your disposable gloves and apron
- Ensure the person's privacy and dignity
- Explain the procedure to the service user and confirm they want to proceed
- Ask which toilet facility they would prefer i.e. toilet or commode
- Assist / accompany the person to the toilet or commode using correct moving and handling techniques
- Assist the service user if necessary, to undo zip, buttons and lower garments
- Assist the service user to sit on the toilet / commode seat
- Ensure you leave the toilet tissue within easy reach
- According to the service user needs and wishes:
- Stay with them until finished
- Ensure access to the call bell or are able to call you to summon you when finished
- When they have finished, encourage them to clean themselves, helping where necessary using the correct methods
- Flush the toilet (take note of bowel movements etc if required as per the support plan)
- Assist them to wash their anal and genital areas if necessary
- Ensure the skin is dried properly and apply creams if required as per the support plan
- Assist the service user if necessary, to pull out lower garments, do up buttons, zips etc
- Ask the service user if they wish to wash their hands
- Ensure the toilet pan and seat are left clean for next use
- Dispose of your gloves and apron and thoroughly wash your hands in line with the correct infection control procedures